



IT'S YOUR TIME TO LEARN, GROW, & THRIVE @ the Y

Together our cause is to **STRENGTHEN** our Alhambra Unified School District Community. Everyday we work side by side for **OUR** students and families. Now it's **YOUR** turn! We encourage you to join the Y today and start your journey into Health & Wellness and Community Enrichment.

What the Y has to offer!

- Health & Wellness coaches that help develop training programs
- Heated Indoor Pool (84°-86° year round)
- Unlimited Exercise Classes (Zumba, Yoga, Muscle Conditioning/ Sculpting, Tai-Chi, Watercise, Aqua fitness, Kickboxing and much more!)
- Youth Exercise classes (Tae Kwon Do, Junior Fit, Kids Yoga, Kids Fitness...)
- Basketball courts for adults and youth
- Exclusive playground donated by Home Depot, Kaboom and L.A. Lakers
- Exclusive Program pricing for group/ private swim lessons, Fitness Challenges, Personal Training, Youth Programs and many more



AUSD employees get a one year membership for just \$10 a month!
Add the whole family for just a little bit more!