

Fresh Start 2017

July 17 to July 27, 2017
Monday to Thursday
9:30am to 11:30am

READY FOR A FRESH START IN HIGH SCHOOL?

Call To Reserve Your Spot!! 626-943-3410

For current 8th graders who will be starting high school in August 2017:

- Who have a lot of questions about what high school will be like
- Who wish that they did better in 8th grade
- Who need additional tips and support to be successful in high school



Students will learn:

- How to manage stress at home and school
- How to make good decisions and understand conflict resolution
- How to identify school support systems and resources
- Different communication styles
- How to deal with anxiety, depression, & other issues

Program Includes:

- 8 Sessions
- Fun activities and tips for success
- Conversations and games
- New friends and snacks



Classes will be held at
Alhambra High School
101 S. 2nd St.
Alhambra, CA 91801



ALHAMBRA
UNIFIED SCHOOL DISTRICT

