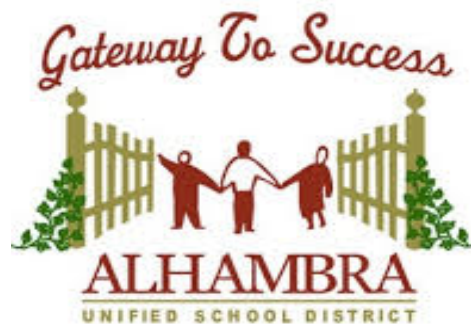




WE ALL HAVE A HAND IN EVERY CHILD'S SUCCESS

COMMUNITY RESOURCE GUIDE 2017-2018



GATEWAY TO SUCCESS CONTACTS

Alhambra Unified School District
1515 West Mission Road
Alhambra, CA 91803
Phone: (626) 943-3000

Dr. Laurel Bear, Assistant Superintendent Student/Employee Welfare
Phone: (626) 943-3410
Fax: (626) 943-8036
Email: bear_laurel@ausd.us

Lindsey Ma, Director Student/Employee Welfare (K-8)
Phone: (626) 943-3440
Fax: (626) 943-8036
Email: ma_lindsey@ausd.us

Dr. Lynne Sheffield, Director Student/Employee Welfare (9-12)
Phone: (626) 943-3440
Fax: (626) 943-8036
Email: sheffield_lynne@ausd.us

GATEWAY TO SUCCESS COUNSELORS

Aurora Ambriz, Counselor
Email: ambriz_aurora@ausd.us

Lizette Canales, Licensed Mental Health Counselor
Email: canales_lizette@ausd.us

Mailin Chan, Counselor
Email: chan_mailin@ausd.us

Tonya El-Hendi, Licensed Mental Health Counselor
Email: el-hendi_tonya@ausd.us

Denise Fernandez, Counselor
Email: fernandez_denise@ausd.us

Monica Hernandez, Counselor
Email: hernandez_monica@ausd.us

Ni'Kysha Johnson, Counselor
Email: johnson_nikysha@ausd.us

Jennifer Moya, Counselor
Email: moya_jennifer@ausd.us

Betty Sodir, HOPE Counselor
Email: sodir_betty@ausd.us

Marisol Sanders, STAR Counselor
Email: sanders_marisol@ausd.us

Peter Wang, Counselor
Email: wang_peter@ausd.us

Sally Yoo, Counselor
Email: yoo_sally@ausd.us

INTERVENTION ADVISORS

Leticia O'Brien, Baldwin
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John Chae, Brightwood
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GATEWAY TO SUCCESS HOPE PARTNERS

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Email: odotei_melissa@ausd.us

Tina Dunn, Kingdom Causes
Email: forourcommunity@yahoo.com

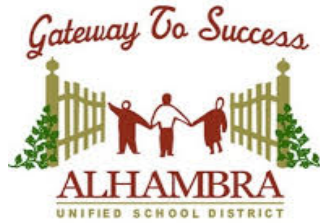


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*The Gateway To Success Program does not endorse any program or resource. It simply provides the information for you to responsibly select those services that can assist you.

SCHOOL-BASED MENTAL HEALTH SERVICE AGENCIES

The following agencies partner with Alhambra Unified School District to provide **school-based mental health services**. District staff and families may refer students to these agencies via the Gateway To Success Counselor or Intervention advisor. Visit www.ausdgateway.com for more information or to make a referral.

ALMANSOR CENTER

205 Pasadena Ave.
South Pasadena, CA 91030
(323) 344-5536

Provides mental health services which include a full array of services for children, youth and young adults 0-22 years of age.

*Accepts Medi-Cal insurance

ASIAN PACIFIC FAMILY SERVICES

9353 Valley Blvd. #C
Rosemead, CA 91770
(626) 287-2988

Provides prevention/early intervention, parenting and mentoring programs in addition to comprehensive outpatient mental health services to the growing Asian Pacific population.

*Accepts Medi-Cal insurance

ASIAN PACIFIC WOMEN'S CENTER

244 S. San Pedro St. #504
Los Angeles, CA 90017
(213) 250-2977

Provides school-based art therapy groups for at-risk elementary students.

CHINATOWN SERVICE CENTER

112 N. Chandler Ave.
Monterey Park, CA 91754
(626) 293-8733
www.cscla.org

Provides Mental health services that include: individual, family, couples, anger management, life skills training, crisis intervention and parent education.

*Accepts Medi-Cal insurance

DIDI HIRSCH MENTAL HEALTH SERVICES

1540 E. Colorado St.
Glendale, CA 91205
(818) 244-7257
www.didihirsch.org/

Provides individual, group, and family therapy, as well as case management and medication management.

*Accepts Medi-Cal insurance

FOOTHILL FAMILY SERVICE

118 S. Oak Knoll Ave.
Pasadena, CA 91101
(626) 993-3000
www.foothillfamily.org/

Foothill Family Service is a community-based agency that seeks to meet the ongoing and emerging needs of children and families in the San Gabriel Valley area.

*Accepts Medi-Cal insurance and sliding scale based on family income

HATHAWAY-SYCAMORES CHILD AND FAMILY SERVICES

210 S. De Lacey Ave. Suite #110
Pasadena, CA 91105
(626) 395-7100
www.hathaway-sycamores.org/

Provides a comprehensive continuum of services to children and families across the greater Los Angeles area including the San Gabriel Valley.

*Accepts Medi-Cal insurance

PACIFIC CLINICS

1020 S. Arroyo Parkway #200
Pasadena, CA 91105
(626) 403-2794
www.pacificclinics.org

Provides mental health and behavioral support for families and individuals of all ages within the San Gabriel Valley area.

*Accepts Medi-Cal insurance

PROTOTYPES

2055 E. Colorado Blvd. Suites 100 & 101
Pasadena, CA 91107
(626) 444-0705
www.prototypes.org

Provides comprehensive mental health and substance abuse services for men, women, and children.

*Accepts Medi-Cal insurance

COMMUNITY COUNSELING RESOURCES

The following community resources are provided for you to select services that can assist you.
The Gateway To Success Program does not endorse any program or resource.

ASIAN AMERICAN CHRISTIAN COUNSELING SERVICE

2550 W. Main St. #202
Alhambra, CA 91801
(626) 457-2900
www.aaccs.org

Offers non-denominational counseling and psychotherapy to individuals, couples, children, adolescents and families.

*Accepts sliding scale fee based on family income

BIENVENIDOS MENTAL HEALTH

255 N. San Gabriel Blvd.
Pasadena, CA 91107
(626) 696-1265
www.bienvenidos.org/

Offers services to children and young adults who present a variety of emotional and behavioral difficulties.

*Accepts Medi-Cal insurance

CALIFORNIA STATE UNIVERSITY, LOS ANGELES COUNSELING AND ASSESSMENT CLINIC

5151 State University Dr., King Hall C-1067
Los Angeles, CA 90032
(323) 343-4438

Offers counseling opportunities for children, couples and families in both English and Spanish.

*Accepts sliding scale fee based on family income

CHINATOWN SERVICE CENTER

112 N. Chandler Ave. #105
Monterey Park, CA 91754
(626) 293-8733
www.cscla.org/

320 S. Garfield Ave. #202
Alhambra, CA 91801
(213) 808-1720

Offers mental health services include individual, family, and anger management counseling; life skills training groups for children and youth, crisis intervention and parent education.

*Accepts Medi-cal insurance

CHINESE CHRISTIAN HERALD CRUSADES

715 E. Mission Rd.
San Gabriel, CA 91776
(626) 286-2600
www.cchcla.org/en/

Offers counseling and education services to Chinese Americans.

*Accepts sliding scale fee based on family income

FULLER PSYCHOLOGICAL AND FAMILY SERVICES

180 N. Oakland Ave.
Pasadena, CA 91101
(626) 584-5555
fuller.edu/fuller-psychological-and-family-services/

Offers high quality and affordable mental health services to individuals and families.

*Accepts sliding scale fee based on family income (no insurance is accepted)

LA VIE COUNSELING CENTER

650 Sierra Madre Villa Ave #110
Pasadena, CA 91107
(800) 483-9591
www.laviecounseling.org

Offers professional individual, family, and group counseling services.

*Accepts sliding scale fee based on family income

LIVING GRACE CHRISTIAN COUNSELING

715 E. Mission Road
San Gabriel, CA 91776
(626) 281-9280

Offers individual, family, couple and small group counseling services in English, Cantonese, and Mandarin.

*Accepts sliding scale fee based on family income

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

(800) 854-7771
dmh.lacounty.info

Offers mental health services that include assessments, case management, crisis intervention, medication support, peer support and other rehabilitative services.

ROYBAL FAMILY MENTAL HEALTH CENTER

4701 E. Cesar E Chavez Ave., 2nd Floor
Los Angeles, CA 90022
(323) 267-3400

Offers mental health services, crisis intervention, full service partnership, testing, prevention/early intervention and other services.

*Accepts Medi-Cal and sliding scale fee based on family income

SANTA ANITA FAMILY SERVICE

716 N. Citrus Ave.
Covina, CA 91723
(626) 966-1755

605 S. Myrtle Ave.
Monrovia, CA 91016
(626) 359-9358

Offers support services to children, families, veterans, seniors and caregivers as well as prevention and intervention for domestic violence and chemical dependency.

*Accepts sliding scale fee based on family income

INDEPENDENT THERAPISTS

The following individuals provide services independently and do not have any connection with Alhambra Unified School District programs or services.

RACHEL L. BARR, MFC (MFC 46985)

2904 Rowena Ave.
Los Angeles, CA 90039
(323) 393-3678

MARILYN DE LA TORRE, LMFT (MFC 45440)

65 N. Madison Ave. Suite 620
Pasadena, CA 91101
(626) 278-1906

RIZALDY R. FERRER, Ph.D (PSY 23657)

5063 Sereno Dr.
Temple City, CA 91780
(213) 422-2513

CARLOS RAMOS, LCSW (LCS 14925)

595 E. Colorado Blvd. Suite 432
Pasadena, CA 91101
(626) 577-7795

KIRSTEN WINTER, MFT (MFC 51700)

245 E. Euclid St.
Pasadena, CA 91105
(818) 281-7990

CHILD ABUSE/DOMESTIC VIOLENCE

211 LA COUNTY

211LA.org

Dial 211 (available 24 hours) or 800- 339-6993

Comprehensive resource and referral service for housing, food, medical, employment, etc. If you need shelter, call 211 and let them know that you have no place to stay and you have children with you. They will refer you to some shelters. Also request a referral to the Family Solutions Center for additional resources. They will provide a case manager to help you.

ASIAN PACIFIC WOMEN'S CENTER

244 S. San Pedro St., # 504

Los Angeles, CA 90012

(213) 250-2977

apwcla.org

DV Hotline: (800)799-7233

Domestic Violence shelter (18 month transitional shelter), counseling, case management. Multilingual in Asian languages.

CENTER FOR THE PACIFIC ASIAN FAMILY

1102 Crenshaw Blvd.

Los Angeles, CA 90019

(800) 339-3940

www.nurturingchange.org

Domestic violence emergency shelter (6 weeks), transitional program (12 months). Multilingual in Asian languages, does not need to be Asian to participate in program.
*May or may not take teenage boys (depends on the situation).

DEPARTMENT OF CHILDREN AND FAMILY SERVICES

Child Abuse Reporting Hotline

(800) 540-4000

dcfs.lacounty.gov

To report child abuse or receive help and information regarding child abuse contact the Child Protection Hotline 24 hours per day, 7 days per week.

EAST LOS ANGELES WOMEN'S CENTER

1431 S. Atlantic Boulevard
Los Angeles, CA 90022
(323) 526-5819
Crisis Hotline: (800) 585-6231
elawc.org

Offers services that include sexual assault, rape and battering program, crisis intervention, domestic violence support and counseling, mental health and parenting groups, HIV/AIDS prevention.

HAVEN HILLS

PO Box 260
Canoga Park, CA 91305
Crisis Hotline: (818) 887-6589
www.havenhills.org

Offers emergency crisis shelter for 30 days for battered women and their children with 18 month transitional housing.

HAVEN HOUSE

Jewish Family Service of Los Angeles
3580 Wilshire Blvd. Suite# 700
Los Angeles, CA 90010
Crisis Hotline: (323) 681-2626
jfsla.org/havenhouse

Offers 30 days of emergency shelter with food, clothing and medical assistance. Additionally, individual and group counseling, crisis intervention, domestic violence education, legal and social services advocacy are provided.

HOUSE OF RUTH

PO Box 459
Claremont, CA 91711
(909) 623-4364
24 hour hotline: (877) 988-5559
houseofruthinc.org

Offers emergency shelter, a transitional housing program and children's programs.

JENESSE CENTER

3761 Stocker St. #100
Los Angeles, CA 90008
(800) 479-7328
www.jenesse.org

Offers a domestic violence intervention program, emergency 30 day housing and transitional housing (24 months).

NATIONAL DOMESTIC VIOLENCE HOTLINE

(800) 799-7233 Available 24 hours
(800) 787-3224 (TTY for Deaf/Hard of hearing)

PEACE OVER VIOLENCE

829 N. Fair Oaks Ave. Suite D
Pasadena, CA 91103
(626) 584-6191
24 hour hotlines: (626) 793-3385
Peaceoverviolence.org

Offers information and presentations to schools for violence prevention against bullying, sexual abuse, domestic violence, child abuse.

SAFE AT HOME PROGRAM

(877) 322-5227
(916) 651-1304 (TTY/TDD)
www.sos.ca.gov/registries/safe-home/

Offers a free post office box and mail forwarding service to help victims and survivors of domestic violence, stalking or sexual assault to start new lives in peace and to provide added protections to their overall safety plans. Survivors will need to apply at designated agencies and show proof of victimhood (i.e. police report) to qualify.

VICTIM INFORMATION AND NOTIFICATION EVERYDAY PROGRAM (VINE)

(877) 846-3452
vinelink.com

Anonymous computer-based program that offers information and notification regarding if an inmate is still in custody as well as notification of when an inmate is released or transferred.

YWCA DV PROJECT GLENDALE/SUNRISE VILLAGE

735 E. Lexington Dr.
Glendale, CA 91026
(888) 999-7511
www.glendaleywca.org

Emergency 45 day shelter for women and their children. Services are available in English, Spanish and Armenian.

YWCA WINGS DOMESTIC VIOLENCE PROGRAM

943 N. Grand Ave.
Covina, CA 91724
24 hour hotline: (626) 967-0658 English and Spanish
www.ywcasgv.org/wings.php

Offers emergency 45 day shelter, transitional shelter and assists with access to financial support, medical, legal assistance, job development skills, transportation and childcare.

CHILD CARE/EXTENDED CARE

ANGELS MONTESSORI PRESCHOOL

150 N. Garfield Ave.
Alhambra, CA 91801
(626) 457-5927

Offers programs for children ages 2 through 6
Fee for service

CHILDTIME LEARNING CENTERS

1418 South Vega St.
Alhambra, CA 91801
(626) 289-3823

Offers child-care, preschool, kindergarten and school-age education services to children
Fee for service

HAPPY DAY SCHOOL

507 N. Chandler Ave.
Monterey Park, CA 91754
(626) 282-2919

Offers services and daycare from preschool through kindergarten age
Fee for service

OPTIONS/HEAD START

120 S. Ynez Ave.
Monterey Park, CA 91754
(626) 854-3449

Options for Learning is a free to low cost high quality child care and early learning services program. Options offers after school enrichment and provides referrals and resources to parents.

CLOTHING

FIRST BAPTIST CHURCH OF ALHAMBRA

101 S. Atlantic Blvd.
Alhambra, CA 9181
(626) 570-1511

Free clothing 3rd Saturday of the month 10:00 am - 12:00 pm

MAIN STREET ATTRACTION

218 W Main St
Alhambra, CA 91801
(626) 289-5150

Previously owned clothing, prices vary
Open Wednesday thru Sunday 10:00 am - 2:30 pm
Sale every 1st Saturday of the month (50% off)

NORMA'S NOOK

444 E. Washington Blvd.
Pasadena, CA 91104
626-797-2402
www.friendsindeedpas.org

Free professional clothing for women (for housing or job interviews)
Make an appointment to go in
Open on Tuesdays only but can make other arrangements if necessary.

EMERGENCY PSYCHIATRIC SERVICES
FOR LIFE THREATENING EMERGENCIES CALL 911

BHC ALHAMBRA HOSPITAL

4619 N. Rosemead Blvd.
Rosemead, CA 91770
(800) 235-5570
(626) 286-1191

CHARTER OAK HOSPITAL

1161 E. Covina Blvd.
Covina, CA 91724
(800) 654-2673
(626) 966-1632

EXODUS URGENT CARE CENTER

1920 Marengo Street
Los Angeles, CA 90033
(323) 276-6400

LAS ENCINAS HOSPITAL

2900 E. Del Mar Blvd.
Pasadena, CA 91107
(800) 792-2345
(626) 795-9901

LOS ANGELES COUNTY USC MEDICAL CENTER

2051 Marengo St.
Los Angeles, CA 90033
323-409-1000

PSYCHIATRIC MOBILE RESPONSE TEAMS (PMRT) are mobile response teams based in and operated by psychiatric hospitals approved by the Department of Mental Health. PMRT provides 5150 and 5585 evaluations conducted by licensed mental health clinicians. For help with a mental health emergency, call:

ACCESS at (800) 854-7771

TTY for Hearing Impaired (562) 651-25

FAMILY PLANNING

ALTAMED MEDICAL GROUP

10418 Valley Blvd.
El Monte, CA 91731
(888) 499-9303
(626) 453-8466

Provides services such as: pregnancy tests, health education, STD and HIV testing, and parenting classes. Accepts medi-cal and sliding scale fee.

EAST LOS ANGELES PREGNANCY CENTER

2342 S. Atlantic Blvd.
Monterey Park, CA 91754
(323) 838-0204

Provides education in areas such as: pregnancy, child development, family planning, and interpersonal and intrapersonal relationships.

FOOTHILL FAMILY SERVICE

EARLY HEAD START PROGRAM

2500 E. Foothill Blvd. Suite 300
Pasadena, CA 91107
(626) 564-1613
www.foothillfamily.org

Provides comprehensive early childhood development services consisting of high quality educational, health, mental health, nutrition, family services and social support to low- income pregnant women and families with children from 0 to 3 years.
Accepts medi-cal and sliding fee scale.

WOMEN'S PREGNANCY CARE CLINIC

www.pregnancycareclinic.net
445 N. Lake Ave.
Pasadena, CA 91101
(626) 440-9400

Provides services to women, men, teens, parents and all those involved in a circumstance where a pregnancy is unplanned or unwanted.

**PLANNED PARENTHOOD
ALHAMBRA HEALTH CENTER**

330 S. Garfield Ave. #300
Alhambra, CA 91801
(626) 798-0706

Provides services such as: pregnancy tests, birth control services, STD and HIV testing, and patient education.

PREGNANCY HELP CENTER OF SAN GABRIEL VALLEY

5626 N. Rosemead Blvd.
Temple City, CA 91780
(626) 309-0788

Provides services such as: pregnancy tests, baby supplies, and parenting classes.
Accepts Medi-Cal and offers help with qualification of insurance.

WOMEN, INFANTS, AND CHILDREN (WIC) ROSEMEAD

8923 E. Mission Dr
Rosemead, CA 91770
(888) 942-2229

Provides services for low-income pregnant, breastfeeding, and postpartum women, infants and children under age 5. WIC is a short term intervention program designed to influence lifetime nutrition and health behaviors.

FOOD DISTRIBUTION CENTERS

ASIAN YOUTH CENTER

100 W. Clary Ave.
San Gabriel, CA 91776
(626) 309-0622
www.asianyouthcenter.org

- Food distribution is on the 3rd Thursday of the month from 9:00 am - 11:00 am
- Bring ID

CATHOLIC CHARITIES OF LOS ANGELES

4171 N. Tyler Ave.
El Monte, CA 91733
(626) 575-7652
www.catholicharities.org

- Food distribution is Monday thru Friday from 9:00 am - 1:00 pm
- Can receive food once per month
- Bring ID

CORY'S KITCHEN

El Sereno - Nueva Esperanza
4810 Huntington Drive S
Los Angeles, CA 90032
(323) 972-1330
www.coryskitchen.org

- Food distribution is on Mondays from 4:30 pm - 6:30 pm
- Can receive food once per month for 6 months
- Bring ID, need to let them know where you are living (no proof required)

FIRST BAPTIST CHURCH OF ALHAMBRA

101 S. Atlantic Blvd.
Alhambra, CA 9181
(626) 570-1511

- Thursdays from 1:00 pm - 3:00 pm
- Bring an ID and bags

FRIENDS IN DEED FOOD PANTRY

444 E. Washington Blvd.
Pasadena, CA 91104
626-797-2402
<http://www.friendsindeedpas.org>

- Tuesdays & Wednesdays from 10:00 am - 3:00 pm & Thursdays from 10:00 am - 1:00 pm.
- Registration is from 10:00 am - 12:00 pm
- Bring ID, documentation of address and proof of low income (will work with those that don't have the info)
- Can get food once per week

GOD PROVIDES NATIVE AMERICAN FOOD BANK

2453 Troy Ave.
South El Monte, CA 91733
(626) 442-4273
www.godprovidesministry.org

- Free lunch all day, no ID required
- \$25 for a week's worth of food, get voucher online or at office
- Food distributed Monday thru Friday 8:00 am - 4:00 pm & Saturday 8:00 am - 2:00 pm

HOLY FAMILY GIVING BANK

1524 Fremont Ave.
South Pasadena, CA 91030
(626) 403-6140

- Free lunch program, Monday thru Friday from 12:00 pm - 2:00 pm
- Food distributed on Monday from 9:00 am - 10:45 am
- Services residents in Alhambra (91801, 91803), El Sereno (90032) & South Pasadena (91030)
- Can receive food once per week
- Need to show a photo ID and a utility bill matching the name of the photo ID

NATIONAL HUNGER HOTLINE

1-866-3 HUNGRY (1-866-348-6479)

- Provides referrals to food pantries in your area by zip code

OUR SAVIOR CENTER

4368 Santa Anita Ave.
El Monte, CA 91731
(626) 579-2190
www.our-center.org

- Food distribution on Tuesdays and Thursdays from 10:00 am - 1:00 pm
- Can come twice per month (every other week)
- ID not required, but preferred

SHEPHERD OF THE HILLS UNITED METHODIST CHURCH

333 S. Garfield Ave.
Monterey Park, CA 91754
(626) 573-1240
www.sothumcmp.webs.com

- Food distribution from Monday-Friday, 9am-12pm
- Can get food once a month
- Bring photo ID

ST. STEPHEN COMMUNITY OUTREACH CENTER

www.ststephenmpk.org
122 S. Ramona Ave.
Monterey Park, CA 91754
(626) 573-0427

- Food distribution on Saturday, 9-11:30 am for Monterey Park and Alhambra families
- Can get food once a week
- Need a photo ID and a utility bill to get food
- Homeless families (do not need to provide a utility bill) will be provided with instant meals and may return another time during the week.

ST. VINCENT de PAUL - ALL SOULS CATHOLIC CHURCH

1500 W. Main St.
Alhambra, CA 91803
(626) 281-0466
www.allsouls-la.org

- Food distribution on the 3rd Thursday of each month from 4:00 pm - 5:30 pm
- Need proof of Alhambra residency

HOTLINES/SUPPORT GROUPS

AIDS HOTLINE

AIDS HOTLINE

1 (800) 367-AIDS

Provides information and referral services regarding HIV/AIDS issues.

AIDS/HIV NIGHTLINE

1 (800) 628-9240

Provides telephone crisis intervention and emotional support to people affected by HIV/AIDS

CANCER SUPPORT

CANCER SUPPORT COMMUNITY

76 E. Del Mar Blvd. #215

Pasadena, CA 91105

(626) 796-1083

www.cscpasadena.org

Provides support to patients, family and friends dealing with cancer.

CAMP KESEM

P.O. Box 452

Culver City, CA 90232

(260) 22-KESEM

www.campkesem.org

Offers summer camp for children 6-16 years old whose parent have been affected by cancer.

CHILD ABUSE HOTLINES

DEPARTMENT OF CHILDREN AND FAMILY SERVICES

1 (800) 540-4000

To report child abuse and to provide help and information regarding child abuse.

NATIONAL CHILD ABUSE HOTLINE

1 (800) 4-A-CHILD

FOOD

NATIONAL HUNGER HOTLINE

(866) 3-HUNGRY (866-348-6479)

Provides referrals to local food pantries.

MISSING CHILDREN HOTLINES

NATIONAL CENTER FOR MISSING AND EXPLOITED CHILDREN

1 (800) THE-LOST (800-843-5678)

NATIONAL RUNAWAY SWITCHBOARD

1 (800) RUNAWAY (800-786-2929)

RAPE AND BATTERY HOTLINES

EAST LA WOMEN'S CENTER

1 (800) 585-6231 - 24 hrs/day, in Spanish and English

LOS ANGELES RAPE AND BATTERING HOTLINE

West San Gabriel Valley – (626) 793-3385

RAPE, ABUSE, INCEST NATIONAL NETWORK (RAINN)

1 (800) 656-HOPE (4673)

NATIONAL DOMESTIC VIOLENCE HOTLINE

1 (800) 799-SAFE (7233)

1 (800) 787-3224 TDD

SEXUAL ORIENTATION - GAY/LESBIAN/TRANSGENDER/QUEER

LGBT NATIONAL HOTLINE

1-888-843-4564

www.glbthotline.org

LGBT NATIONAL YOUTH TALKLINE

1-800-246-PRIDE (7743)

www.glbthotline.org/transteens

LOS ANGELES LGBT CENTER

(323) 993-7400

<https://lalgbtcenter.org>

Serving the lesbian, gay, bisexual, and transgender population. Programs include mental health, health clinics, HIV/STD prevention and testing, domestic violence, housing, support groups, youth leadership, legal, and foster youth services

PFLAG PASADENA

301 North Orange Grove Blvd.

Pasadena, CA 91103626-817-3524

www.pflagpasadena.org

PFLAG (Parents, Families and Friends of Lesbians and Gays) is a support group that provides education, advocacy, and dialogue about sexual orientation and gender identity.

PFLAG - SAN GABRIEL VALLEY ASIAN PACIFIC ISLANDERS

Sage Granada Park United Methodist Church

1850 W. Hellman Avenue

Alhambra, CA 91803

www.sangabrielvalleyapipflag.com

A support group for Asian-Pacific Islander (API) gays, lesbians, bisexuals, and transgenders (LGBT), as well as for their parents, families, and friends.

SHELTERS AND REFERRALS

211 LOS ANGELES COUNTY

211 or (800) 339-6993

www.211la.org

Provides local resources available for families that are homeless or at-risk of homelessness that reside in Los Angeles County.

SUICIDE PREVENTION HOTLINES

SUICIDE CRISIS HOTLINE USA NATIONAL SUICIDE HOTLINES

Toll Free/24 hours/7 days a week

1 (800) SUICIDE (1-800-784-2433)

1 (800) 273-TALK (1-800-273-8255) – National Suicide Prevention Lifeline

DIDI HIRSCH MENTAL HEALTH SERVICES

24-hour Crisis Line: 1 (877) 7-CRISIS or 1 (877) 727-4747

Individuals whose life may be in immediate risk from self-harm should call:

1 (800) 273 TALK (8255) or 911

CEDARS SINAI MEDICAL CENTER

teenlineonline.org

Teen-To-Teen Hotline

1 (800) TLC-TEEN

HOUSING/SHELTERS

211 LOS ANGELES COUNTY

www.211la.org

211 or (800) 339-6993

Provides local resources available for families that are homeless or at-risk of homelessness that reside in Los Angeles County.

Call to get a referral to shelters or emergency housing

FAMILY PROMISE OF SAN GABRIEL VALLEY

1005 E. Las Tunas Drive #525

San Gabriel, CA 91776

626-569-0991

www.fpsgv.org

Assists families to stay intact and to regain stable housing and employment within a supportive, volunteer-driven community.

UNION STATION HOMELESS SERVICES

FAMILY SOLUTION CENTER

235 E Holly St,

Pasadena, CA 91101

626-240-4550

<http://unionstationhs.org>

Provides shelter referrals, case management services. To get shelter, must be currently homeless or imminently homeless. Call 211 or case manager can refer directly here. Must have minor children to qualify.

VOLUNTEERS OF AMERICA HOMELESS SUPPORT SERVICES

FAMILY SOLUTION CENTER

4501 Santa Anita Ave.

El Monte, CA

(626) 442-4357 M-F 8-5pm, call or walk-in

Provides shelter referrals, case management services.

LEGAL SERVICES

LEGAL CLINICS

MENTAL HEALTH ADVOCACY SERVICES, INC. AND FRIENDS IN DEED

First United Methodist Church of Pasadena
500 E. Colorado Blvd.
Pasadena, CA 91101
(626)796-0157 church office

ASIAN YOUTH CENTER

232 West Clary Avenue
San Gabriel, CA 91776.
(626) 309-0622

Provides legal consultation. Chinese language capabilities

IMMIGRATION RESOURCE CENTER OF SAN GABRIEL VALLEY

303 W. Colorado Blvd.
Monrovia, CA 91016
(626) 509-9472
www.ircs gv.org

Provides low cost immigration legal services. By appointment only.

MEDICAL NEEDS

ALHAMBRA HOSPITAL MEDICAL CENTER

100 S. Raymond Ave.
Alhambra, CA 91801
(626) 570-1606
<http://www.alhambrahospital.com/>

Offers 24-hour Emergency services and medical/surgical services.

ALTAMED MEDICAL AND DENTAL GROUP

10418 Valley Blvd.
El Monte, CA 91731
(626) 453-8466
www.altamed.org

Provides services such as primary health care services, dental services, health education, and drug treatment/prevention programs.

CHILDREN'S HOSPITAL LOS ANGELES – ARCADIA OUTPATIENT CENTER

468 E. Santa Clara St.
Arcadia, CA 91006
(626) 795-7177
www.chla.org/arcadia-outpatient-center

Provides emergency and non-emergent medical and dental care for infants, children, and adolescents.

*Accepts all insurance

CHINATOWN SERVICE CENTER – COMMUNITY HEALTH CENTER

320 S. Garfield Ave., Suite 118
Alhambra, CA 91801
(213) 808-1700

Provides comprehensive family medical services such as physical examinations, laboratory tests, immunizations, and basic eye examinations. Accepts Medi-Cal, sliding scales fees based on income, and free program screenings for low to no cost health care

GARFIELD MEDICAL CENTER

525 N. Garfield Ave.
Monterey Park, CA 91754
(626) 573-2222
<http://www.garfieldmedicalcenter.com>

Provides multi-lingual, multicultural comprehensive healthcare services and 24-hour emergency services.

HERALD CHRISTIAN HEALTH CENTER

923 S. San Gabriel Blvd.
San Gabriel, CA 91776
(626) 286-8700
www.hchcla.org

Fee for service.

LOS ANGELES COUNTY/ USC MEDICAL CENTER

2051 Marengo Street
Los Angeles, CA 90033
(323) 409-1000
<http://dhs.lacounty.gov/>

Provides a full spectrum of emergency, inpatient and outpatient services. These services include medical, surgical, emergency/trauma and psychiatric services for adults, adolescents, and children.

LOS ANGELES LGBT CENTER

1625 N. Schrader Blvd.
Los Angeles, CA 90028
(323) 993-7400
<https://lalgbtcenter.org>

Provides primary health care, specializing in care for lesbian, gay, and transgender individuals.

*Accepts Medical, HMO, PPO, Covered California, and sliding scale

MONTEREY PARK HOSPITAL

900 S. Atlantic Blvd.
Monterey Park, CA 91754
(626) 570-9000
<http://www.montereyparkhosp.com>

SAN GABRIEL VALLEY MEDICAL CENTER

438 W. Las Tunas Dr.
San Gabriel, CA 91776
(626) 289-5454
www.sgvmc.com

Provides 24-hour emergency services. Offers a wide range of medical and surgical services as well as inpatient and outpatient care.

BUDDHIST TZU-CHI MEDICAL CENTER

1000 S. Garfield Ave.
Alhambra, CA 91801
(626) 281-3383
<http://www.tzuchimedicalfoundation.org/alhambra>

Provides low cost primary health care services.

USC SCHOOL OF DENTISTRY

925 West 34th Street
Los Angeles, CA 90089
(213) 740-2805
<http://dentistry.usc.edu/patient-care/services>

Provides low cost dental services for individuals on a first come first served basis

MENTORING/ AFTER SCHOOL PROGRAMS

ASIAN YOUTH CENTER

100 W. Clary Ave.
San Gabriel, CA 91776
(626) 309-0622
www.asianyouthcenter.org

After School program and tutoring services offered on a sliding scale

BIG BROTHERS/BIG SISTERS OF GREATER LOS ANGELES

3150 N. San Fernando Rd., Suite C
Los Angeles, CA 90065
(213) 213-2400
www.bbbsla.org

Serves children and youth (aged 6-16) by matching them with carefully screened, professionally supported adult volunteer mentors.

BOY SCOUTS OF AMERICA

3450 E. Sierra Madre Blvd.
Pasadena, CA 91107
www.glaacbsa.org/mission_amigos
(626) 351-8815

BOYS AND GIRLS CLUB OF WEST SAN GABRIEL VALLEY

328 S. Ramona Ave.
Monterey Park, CA 91754
(626) 573-2831

Provides after-school care, homework assistance, sports leagues, social recreation, and computer access to students age 6-17.

GIRL SCOUTS OF GREATER LOS ANGELES

www.girlscoutsla.org
801 S. Grand Ave. #300
Los Angeles, CA 90017
(213) 213-0123

READING AND WRITING CLINIC AT CALIFORNIA STATE UNIVERSITY, LOS ANGELES

5151 State University Dr.
Los Angeles, CA 90032
(323) 343-4761

Sliding scale fee for each quarter of instruction.

SHEPHERD OF THE HILLS UNITED METHODIST CHURCH

333 S. Garfield Ave.
Monterey Park, CA 91754
(626) 573-1240

UPWARD BOUND STUDY CENTER

603 N. New Ave., Unit E
Monterey Park, CA 91775
(626) 288-5171

SOCIAL SERVICES

DEPARTMENT OF PUBLIC SOCIAL SERVICES OFFICE

3352 Aerojet Ave.
El Monte, CA 91731
(626) 569-1399

955 N. Lake Ave.
Pasadena, CA 91104
(626) 569-1399

4077 N. Mission Rd.
Los Angeles, CA 90032
(866) 613-3777
www.ladpss.org

Programs designed to both alleviate hardship and promote health, personal responsibility, and economic independence. The Department provides the following benefits and services to low-income residents of Los Angeles County.

HEALTH ADVOCATES LLC

21540 Plummer St., Ste. B
Chatsworth, CA 91311
(818) 995-9500

Assists individuals to qualify for Medi-Cal, Social Security (SSI/SSD) and other health insurance benefits.

SOCIAL SECURITY ADMINISTRATION OFFICE

900 S. Garfield Ave.
Alhambra, CA 91801
(800) 772-1213

Obtain social security cards, apply for retirement, disability or Medicare benefits.

LOS ANGELES COUNTY VITAL RECORDS OFFICE

313 North Figueroa Street, Room Lobby-1
Los Angeles, CA 90012
(213) 240-7812

Obtain birth certificates for all births up until 1 year old occurring in Los Angeles County, except those born in Long Beach or Pasadena. After the child is 1, birth certificates can be obtained at the Los Angeles County Registrar-Recorder/County Clerk (RR/CC).

LOS ANGELES COUNTY REGISTRAR-RECORDER/COUNTY CLERK

4716 E. Cesar Chavez Blvd.
Los Angeles, CA 90022
(800) 201-8999

Obtain certified copies of birth certificates

SUBSTANCE ABUSE AND PREVENTION

AL-ANON FAMILY GROUPS

4936 Lankershim Blvd.
North Hollywood, CA 91601
(818) 760-7122
www.alanonla.org

Offers support for the friends and families of people struggling with alcoholism.

ALCOHOLICS ANONYMOUS

849 E. Route 66 Ste. D
Glendora, CA 91740
(626) 914-1861
www.aasgvco.org

Provides support for men and women that are looking to recover from alcoholism.

ACTION FAMILY COUNSELING

2827 E. Foothill Blvd.
Pasadena, CA 91107
(800) 367-8336
www.actiondrugrehab.com

Provides a variety of counseling services including substance abuse treatment.

*Accepts Medi-Cal and all major insurance.

CIRCLE OF HELP FOUNDATION

1011 Goodrich Blvd.
Los Angeles, CA 90022
(323) 888-9191

Provides substance abuse treatment to adults and adolescents.

*Accepts Medi-Cal insurance

DIDI HIRSCH MENTAL HEALTH SERVICES

1540 E. Colorado St.
Glendale, CA 91205
(818) 244-7257
www.didihirsch.org

Provides substance abuse and prevention counseling for both teens and adults.

*Accepts Medi-Cal and sliding scale fees (based on family income)

PROTOTYPES

2555 E. Colorado Blvd. Suite 308
Pasadena, CA 91107
(626) 449-2433
www.prototypes.org

Provides comprehensive mental health and substance abuse services.

*Accepts Medi-Cal insurance

SANTA ANITA FAMILY SERVICE

605 S. Myrtle Ave.
Monrovia, CA 91016
(626) 359-9358
www.santaanitafamilyservice.org

Provides clients with the tools they need to recover successfully and sustain a drug-free lifestyle.

*Accepts Medi-Cal and sliding scale fee

SPIRITT FAMILY SERVICES

2000 S. Tyler Ave.
South El Monte, CA 91733
(626) 442-1400
www.spiritt.org

Offers a full range of substance use prevention and treatment for youth and their families.

*Accepts Medi-Cal and sliding scale fee